

ARTWORK CONTEST FOR BC INDIGENOUS YOUTH

To celebrate the **rich cultural and heritage traditions of Indigenous people of BC**, FORED is sponsoring an annual contest with **cash prizes for Indigenous youth**.

Theme: *Traditional Knowledge & Medicine*

Prize: 3 winners each collect a **\$150 prize**. Group work is eligible with shared prize.

By request, we're now accepting photography & video submissions to this contest! Interview a local elder or show off your homemade salal tea on video? Youth creativity of all kinds is welcomed.

Contest Details:

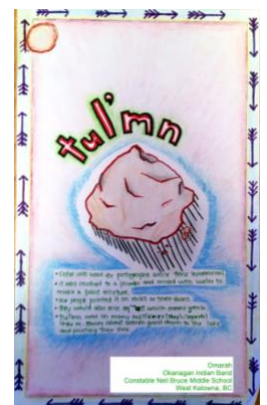
- **Extended Deadline: June 8, 2022**
- Open to all **youths ages 5-18 with First Nations, Inuit, Metis, or self-declared ancestry**. Participants **must** include **their name, band affiliation or ancestry, home mailing address, phone & email address and grade, teacher & school** on the back of all entries or in covering emails.
- **Please include a brief description of how your artwork relates to traditional knowledge and medicine.**
- Artwork can be any size or artistic medium.
- Videos must be less than 5 min.
- All entries may be submitted electronically (.jpg, .pdf, .png, .mp4 OR .MOV all acceptable) to education@foredbc.org. Minimum 3 MB (no blurry photos please). Or by mail: #213 4481 W. 10th Ave. Vancouver, BC.
- By participating, winners agree that their names and posters can be published in local and social media, be displayed in Ministry of Education offices in Victoria on Aboriginal Day, June 21, and viewed on our [website](#).
- All entrants qualify for complimentary honorary youth membership. Entrants' names are **NOT** shared with third parties.
- **Mailed entries cannot be returned. Only winners will be notified.**
- See how Indigenous volunteer mentors integrate traditional knowledge into natural resources practices on our [YouTube](#).

Please email or mail posters by June 8, 2022 to education@foredbc.org.

Traditional Knowledge/Medicine Example: **tul'mn**

Ochre was used for pictographs since time immemorial. It was crushed to a powder and mixed with water to make a paint mixture. Our people painted it on rocks or their faces. They would also mix sq^wuct which means grease. Tul'mn was in many stories/legends for example, stories about women going down to the lake and painting their faces.

– submitted by Omarah (Okanagan Indian Band), West Kelowna



FORED BC, short for **FOR ED**ucation about our environment & its natural Resources, is a charitable non-profit association established in 1925. We work with aligned groups and volunteers, on community-based sustainability projects. We thank our generous donors; the Province of BC & the Vancouver Foundation.